SPREADING THE SMILE





Annual Maximum Benefit \$1,500 per person

NY/CT ONLY

PREVENTIVE CARE		No Waiting Period
100% Coverage	Routine Exam (2 per 12 months)Bitewing X-rays (1 per 12 months)	 Cleaning (2 per 12 months) Fluoride for children under age 14 (1 per 12 months)
BASIC CARE		No Waiting Period
80% Coverage	Full Mouth/Panoramic X-raysFillings	Sealants (Child under 14)Space Maintainers (Child under 14)
MAJOR CARE		12 Month Waiting Period
Year 1 - 0% Coverage Year 2 - 50% Coverage	Oral SurgeryCrownsBridgesSurgical ExtractionsEndodontics	 Periodontal Maintenance (Deep Cleaning Maintenance) Dentures & Denture Repair Anesthesia Implants (limitations apply)
Deductible	\$50 per Individual / \$150 per Family per year	
Network	MetLife PDP Plus PPO Network	

Like most group benefits programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. You may be financially responsible for copayments, deductibles, or any other amounts in excess of those MetLife is required to pay for covered services as described in your dental certificate and/or policy. Ask your MetLife representative for costs and complete details. L4796233[exp0927][All States and][All Territories] © 2025 MetLife Services and Solutions, LLC Metropolitan Life Insurance Company | 200 Park Avenue | New York, NY 10166

National Wellness& Fitness Association

In addition to an outstanding dental plan, your NWFA membership grants you exclusive access to exciting discounts on dozens of wellness and travel services. These are just a few of the perks offered:









Visit NationalWellnessAndFitness.com for a full list of perks.

ACCESS GREAT HEARING BENEFITS:



LXE Hearing delivers affordable, medical-grade hearing aids with free hearing tests, personalized support, lifetime service, and a 45-day risk-free trial—no clinic visits required.





Audicus offers up to 70% off custom hearing aids with free

online hearing tests, lifetime tele-audiology care, expert

support, and a 100-day risk-

MDHearing provides affordable hearing aid solutions backed by professional fitting and support from trained Audiologists. Plus, receive an additional discount on accessories.

Agent Name:

Phone #:

Email:

Products are not available in all states. Please call (800) 485-3855 to verify current state availability. Metropolitan Life Insurance Company is unaffiliated with the National Wellness & Fitness Association. Metropolitan Life Insurance Company only provides benefits covered under its insurance policies and is not responsible for other benefits and/or discounts associated with membership in the NWFA. Last Updated: 09/16/2025