

Complementary & Alternative Medicine

As an NWFA member, you get 20% off at participating Uni-Care providers. Whether you're tackling tension or just need a tune-up, this exclusive discount helps you save big and stay aligned. Now that's a relief.

CAM Services Include:

- Acupuncture
- Chiropractic Care
- Massage Therapy
- Nutritional Counseling
- Meditation / Relaxation
- Naturopathy



Sample Savings

Product/Service	Avg. Price	You Pay*	Savings*	% Saved
Massage Therapy	\$60.00	\$48.00	\$12.00	20%
Acupuncture	\$85.00	\$68.00	\$17.00	20%
Yoga Session	\$62.50	\$50.00	\$12.50	20%
Personal Training Session	\$70.00	\$56.00	\$14.00	20%

* These are examples only. Savings will vary by procedure, provider and geographical area.

Find a Provider:

Locate a provider in your area by visiting nationalwellnessandfitness.com/CAM_providers.php

There are no forms to complete, no limit to the number of visits and you do not need a referral from your primary care physician.

* While our provider lists are continually updated, provider status can change. We recommend that you confirm the provider you selected participates in the program when scheduling your appointment.

Disclosure: **This plan is NOT insurance.** This is not a qualified health plan under the Affordable Care Act (ACA). Some services may be covered by a qualified health plan under the ACA. The plan provides discounts at certain health care providers of medical services. The plan does not make payments directly to the providers of medical services. The plan member is obligated to pay for all health care services but will receive a discount from those health care providers who have contracted with the discount plan organization. The range of discounts for services will vary depending on the type of provider and services. The discount plan organization is Gallagher Affinity Insurance Services, Inc., at 2850 W. Golf Road, Rolling Meadows, IL 60008, 1-866-215-1376. To view a listing of participating providers visit nationalwellnessandfitness.com/CAM_providers.php **The discount health benefits have been provided at no cost to you and will remain active until you cancel.**

The products and services listed are a representation of the discounts and some of the providers available which may change from time to time.